October 9, 2019

Troy Wellness Committee Meeting Minutes

Committee Members Present, Patrick McKernan, Supt of Schools, Mike Estes, MS/HS Principal, Harley Huss, TGS Food Service Clerk, Eva Fuemmeler, 8th grade student, Isaac Houghton, 11th grade student, Lyndsi Jolly, School Nurse, Jessica Meyer, OPAA! Food Service Director

The committee met at the Troy MS/HS Cafeteria on 10-9-2019 at 3:00 in the afternoon.

The focus of this meeting was to see what the students thought of the changes implemented second semester last year. Many positive comments were made. Also areas of concern. Ms. Huss commented on all the food items the elementary students preferred.

SMART Goals were discussed. Ms. Meyer stated two SMART goals and these were discussed. The main one we were interested in is the breakfast participation rates.

The participation rates were discussed. We will look to gain concrete numbers regarding the number of students participating.

The survey was not developed last year but will be worked on this year to be sent to all 7-12 grade students by November 15th.

There was consensus about the TGS hosting more family fun nights where healthy alternative energy snacks will be served and students with their parents will participate in fun activities. These have been well received by students and parents. TGS is looking at hosting one with 5th/6th grade students serving as mentors.

The next meeting will be in February 2020.